



In celebration of World Kindness Day on November 13, Seeds of Caring and The Columbus Foundation's Center for HumanKindness are bringing educators like you a World Kindness Day Teacher Toolkit. Designed for students grades 3-8, choose one or more activities from a list of options that all align with Ohio's K-12 Social and Emotional Learning (SEL) Standards for social awareness and relationship skills. Creating a kinder community together? We think that deserves an A+!



# YOUR STUDENTS + OUR WORLD KINDNESS DAY TOOLKIT = A KINDER COMMUNITY

## HOW DOES IT WORK?

- 1 Set aside 60 minutes between November 8-19 to celebrate and spread kindness with our toolkit.
- 2 Students connect with classmates. Choose one starter activity to practice kindness through listening, conversation, and authentic connection.
- 3 Students connect with their community. Through the pre-planned lesson, they learn more about nonprofits across central Ohio and then, take action! The Center for HumanKindness has set aside a pool of \$5,000 so that each classroom can direct a portion of these funds to a nonprofit of their choosing.

## READY TO BUILD A KINDER COMMUNITY?

- 1 Register at <https://cbusfdn.org/kindnesstoolkit> by October 26
- 2 Printed materials will be delivered to your school around November 3
- 3 Review and deliver your pre-planned, 60 minute kindness lesson between November 8-19
- 4 Report back on your experience and what nonprofit your students wish to support
- 5 Give yourselves a gold star for creating a kinder, more connected community for us all!

*Printed toolkits are available while supplies last so register for yours today!*



The World Kindness Day Toolkit is aligned with Ohio's K-12 Social and Emotional Learning (SEL) Standards. Use this toolkit to support students in developing the listed skills.

## Social and Emotional Learning Alignment

### SOCIAL AWARENESS

- 1 C1. Recognize, identify, and empathize with the feelings and perspectives of others
- 2 C2. Demonstrate consideration for and contribute to the well-being of the school, community, and world

### RELATIONSHIP SKILLS

- 1 D1. Apply positive verbal and non-verbal communication and social skills to interact effectively with others and in groups
- 2 D2. Develop and maintain positive relationships